



HEALTH BUILD HEALTHY GLOBAL COMMUNITIES

HEALTH

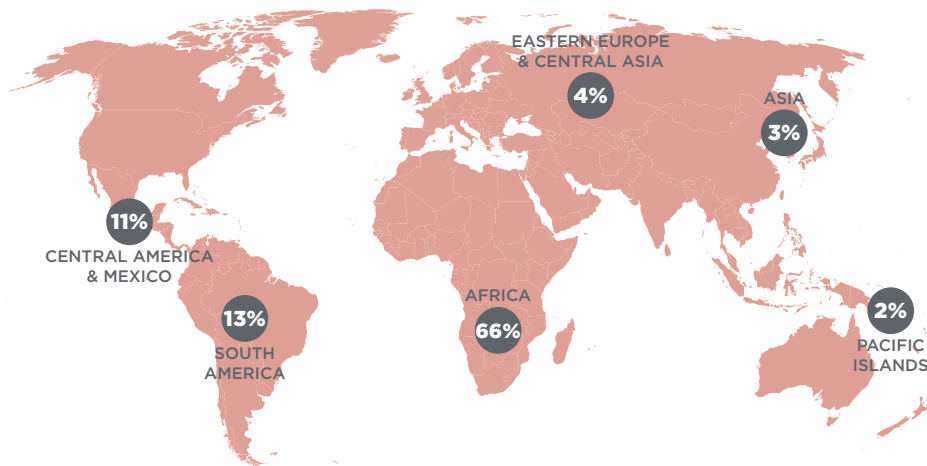
Peace Corps Volunteers who serve in the Health sector work with clinics or develop education strategies to change the way host communities approach maternal, child and adolescent health, nutrition, hygiene, water and sanitation, or HIV/AIDS.

WHY HEALTH IS IMPORTANT

Specific segments of the world's population disproportionately experience negative health outcomes, which ultimately decreases global productivity. Women suffer health risks, especially around pregnancy and labor. Children under 5 are vulnerable to malnutrition, infection, and early death. Adolescent girls remain at risk for HIV because of biological, social and behavioral factors. Health programming for youth should be comprehensive and address needs of young women and men by building on their strengths.

WHERE HEALTH VOLUNTEERS WORK

1,494 Health Volunteers (21% of all Peace Corps Volunteers) currently serve in 35 countries:



“My work as a Peace Corps Health Volunteer has centered on capacity building through empowerment and that underlying goal pulsates through nutrition mama’s project. My mamas have spent their lives determined to not be defeated by their circumstances...They believe in the work that they have set out to accomplish and I have watched them show up over and over again to see it through. This is their success story.

HEALTH PCV, TANZANIA



Peace Corps countries with Health projects:

- Albania
- Belize
- Benin
- Botswana
- Cambodia
- Cameroon
- Ecuador
- Eswatini
- Ethiopia
- Ghana
- Guatemala
- Guinea
- Guyana
- Lesotho
- Liberia
- Madagascar
- Malawi
- Moldova
- Mongolia
- Mozambique
- Namibia
- Nicaragua
- Panama
- Paraguay
- Peru
- Rwanda
- Senegal
- Sierra Leone
- South Africa
- Tanzania
- The Gambia
- Togo
- Uganda
- Vanuatu
- Zambia

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WHAT HEALTH VOLUNTEERS DO

Maternal, Newborn and Child Health

Health Volunteers work with communities to end preventable child and maternal deaths by co-facilitating:

- Groups to promote comprehensive ANC visits among pregnant women to increase healthy pregnancy, safe delivery and healthy newborns.
- Groups of mothers and caregivers to keep children under 5 healthy through promotion of good nutrition, malaria prevention and improved hygiene practices
- Trainings to build capacity of community health workers' skills in behavior change communication

HIV/AIDS

Health Volunteers work to decrease HIV transmission by partnering with community members to co-facilitate:

- Sexual reproductive health/HIV prevention education at youth camps and clubs
- Sessions with health service providers, school staff, adult community members, and people affected by HIV to educate on HIV prevention, medical services, and stigma
- Caregiving support groups for orphans and vulnerable children and caregivers
- Building clinic staff capacity to improve Supply Chain Management systems

Youth Health and Well-being

Health Volunteers support youth to effectively transition to healthy and productive adults by partnering with community members to co-facilitate:

- Clubs, camps, and classroom curriculum, providing essential health information to youth 10-19 years of age
- Trainings with groups to support youth health and well-being
- Trainings with health workers and school-based staff to build capacity to facilitate health and life skills curricula

OUR IMPACT

In Fiscal Year 2018:

- 13,358 individuals were reached with individual or small group education on how to keep children under 5 healthy
- 150 Volunteers implemented activities that reached individual or small group education on essential maternal and newborn care
- Volunteers reached 159,589 individuals in priority population groups with comprehensive HIV prevention interventions.

ABOUT THE PEACE CORPS

The Peace Corps sends Americans with a passion for service abroad on behalf of the United States to work with communities and create lasting change. Volunteers develop sustainable solutions to address challenges in education, health, community economic development, agriculture, environment, and youth development. Through their Peace Corps experience, Volunteers gain a unique cultural understanding and a lifelong commitment to service that positions them to succeed in today's global economy. Since President John F. Kennedy established the Peace Corps in 1961, more than 230,000 Americans of all ages have served in 141 countries worldwide.

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