# The scientific study of thought

~ The credo of this course ~

- In cognitive psychology, we study mental processes with the same method by which any scientist studies anything:
  - We observe the phenomena
  - We invent "mechanistic" models that we hope can explain what we observe
- Mental phenomena may seem more magical or mysterious than other phenomena, but they're not
  - They are the product of real physical mechanisms just like anything else!

- Dualism: the idea that mind and body are fundamentally different substances or processes
- vs. Monism or Materialism: The universe is made of only one kind of physical material ("atoms")

- "Everything reduces to physics"

 In Descartes' time, the ventricles (empty spaces) were thought to hold a nonmaterial substance responsible for higher thought processes.





de la Mettrie (1748):
"L'homme Machine"

 People are machines with mechanical systems plumbing, ventilation, temperature control, etc.



• Darwin (ca. 1850):

all biological structures are "devices" that are adapted to serve the survival of the organism



-> The mind as a machine

• The mind is a machine.

- What does this mean? What is a "machine?"

- A machine is a process consisting entirely of physical, material elements that affect each other causally—that is, via physical processes.
- In cognition, a mechanistic theory is one in which every element is understood in terms of the combination of simpler, stupider, elements.
  - In other words, we reduce things we DON'T understand to combinations of things we DO understand.

• A homonculus is an imaginary "man inside the head".



- A theory of cognition that relies on a homonculus—an intelligent component—is cheating!
  - It doesn't explain how the homunculus works
- In cognitive psychology, we seek to Banish the Homonculus!



In other words:

# "No miracles allowed!"

### Levels of explanation

- What is "weather"?
- Weather is a complex combination of air, water, temperature, motion, etc.
- Complex weather events (storms, fronts, etc.) are really combinations of these basic elements interacting causally.
- Complex mental events (thoughts, beliefs, ideas, memories, perceptions, etc.) are really complex combinations of basic elements interacting causally.
- Like weather, mental functions can be described at both levels of analysis (storms or air molecules).

### Levels of explanation

Storms..... Air molecules Macroscopic......Microscopic

Holistic\*.....Reductionist

[Cognitive Psychology.....Neuroscience]

\*Holistic here means "concerning the big picture", not "alternative"

Explanation is reduction to simpler phenomena. —>In cognition, simpler means "stupider"

Banish the homonculus!

#### • Thought has patterns

...standard procedures that work because of their form, not their content

This suggests that thought can be standardized or converted into a mechanical process (->AI)

This also suggests that mental processes can be understood in mechanistic terms (->cognitive psychology)

• Understanding how the mind works mechanistically and building a mechanical mind are two sides of the same coin

Aristotle Syllogism: A chain of deductive reasoning

> Premise: All men are mortal Premise: Socrates is a man Conclusion: Socrates is mortal

> Premise: All ducks are green Premise: Josephine is a duck Conclusion: Josephine is green

The truth of the conclusion is logically certain based on the form of the argument, regardless of the content



## The machinery of thought



Charles Babbage: (~1830) - Analytical Engine





#### Ada Lovelace (~1840)

- Thought patterns could be reduced to algorithms
- "Symbols" in the machine can correspond to ideas, musical patterns, etc. — not just numbers



# George Boole: An Investigation of the Laws of Thought (1854)

Mathematical rules for reasoning with propositions

• In algebra, we can make statements about numbers that are true regardless of the specific values of the numbers:

x + x = 2x

• Boole proposed to do the same thing with propositions instead of numbers.

Propositions are ideas—statements that are true or false.

• This leads to a way of "calculating" with ideas instead of with numbers, called Propositional Calculus or Boolean algebra

Examples:

- A = "the sky is blue"
- B = "all men are mortal"
- We put propositions together with logical connectives:
- AAB: conjunction: "A is true AND B is true"
- AVB: disjunction: "A is true OR B is true (or both)"
- ~A : negation: "not A" = "A is not true"
- $A \rightarrow B$  : implication/conditional/entailment:

"If A is true then B is true".

(Equivalent to  $\sim$ (A $\wedge$  $\sim$ B), which is equivalent to  $\sim$ A $\vee$ B ....

not really a separate connective)





### Negation ~A



Propositions with connectives make a "language" for expressing complex ideas, for example:

 $\sim$ (((A $\land$ B)  $\land$ C)  $\lor$  (A $\land$  $\sim$ D))  $\land$ E

Or, you can prove conclusions from premises, like

Premise:  $A \land B$ Premise:  $A \rightarrow B$ , i.e.  $\neg A \lor B$ Conclusion: BPremise:  $\neg B$ Conclusion:  $\neg A$ 

The process is so automatic, maybe a machine could do it!

- Alan Turing proposed a hypothetical computing device, now called a Turing machine
- A Turing Machine has all the elements of a modern computer:
  - A method for data input and output
  - A general-purpose procedure for applying a sequence of logical operations to data

Alan Turing



- A distinction between software (the program or algorithm) and hardware (the machine)—making TMs programmable

• Modern computers are all essentially versions of Turing's general-purpose computing device